

# ASSURE PROGRAMS

## SENIOR PSYCHOLOGIST PROFILES



To enquire about or book a  
Leaders and Executives Assistance (LEAP) appointment – please call 1 800 986 865

### QUEENSLAND

**Beth Jamieson: Brisbane**  
**M Clin Psych, MAPS**  
***Senior Clinical Psychologist***

For many of the past 15 years Beth Jamieson has been a key provider of exceptional managerial support and organisational focus for a diverse range of Assure Programs' clients. She has also worked extensively with the Commonwealth government, in both supervisory and leadership roles in her own right, bringing insight and real-world experience to her support of leaders and executives. Beth is a Clinical Psychologist and a Member of the APS College of Clinical Psychologists.

Beth's emphasis is on collaboration and enhancing strengths, packaged with expertise in a variety of proven short-term solution focused approaches. Beth brings empathy and a no-nonsense approach to her sessions so that the leaders she works with leave sessions armed with clear strategies for the next step. She is highly valued for holding clients accountable for their subsequent actions and working with them to achieve resolution of issues in short time frames. Beth is renowned for her expertise across a variety of areas including adult mental health issues in the workplace and all the related challenges that high performers face, rehabilitation, and career/vocational coaching.

Available Monday, Tuesday & Wednesday

**Libby Lovett: Brisbane**  
**BA (Psych), MAPS**  
***Psychologist***

Libby has 15 years' experience working across the public and private sectors, including counselling, medical research, corporate training and development, critical incident management, and managing her own business. She is an experienced group facilitator and enjoys the diversity of working across the mental health and corporate sectors.

Libby's approach is collaborative and candid, and she is valued for her ability to provide insightful and practical strategies to clients. She enjoys working with clients across a broad range of adult mental health, trauma, rehabilitation, and occupational issues. In addition to private practice, Libby has extensive experience providing mental health services to the military, government agencies, and the health and the corporate sectors. She is passionate about supporting people to thrive both personally and professionally, and has a pragmatic approach to working with clients using evidence based and solution focussed techniques.

Available Thursday & Friday



**Lucy Michalewska: Brisbane**

**BA (Psych) PGDipPsych MCounsPsych MAPS MCHP IAAPA**

**Psychologist**

A Member of the Australian Psychological Society and the College of Health Psychologists, as well as an International Member of the American Psychological Association.

Throughout her career Lucy has been a clinician, an educator, an academic, and a researcher. She has over 10 years of experience in private practice in Sydney, working with individuals, couples, and families. She has practiced in the field of Clinical and Health Psychology across public and private clinical settings, including conducting complex clinical work involving psychological issues of chronic and persistent nature. She has also conducted hundreds of workshops with the focus on Personal and Professional Development for enhanced performance and well-being.

Concurrently, Lucy was a Lecturer in Behavioural Sciences at the University of Sydney for 10 years and served there in a senior leadership role of the Head of the Discipline of Professional Practice. She has trained, supervised and mentored health professionals and specialist clinicians, as well as undergraduate, postgraduate and clinical doctoral students in the areas of: Core Communication Skills, Interpersonal Skills in Personal and Professional Environments, Motivational Interviewing and Behaviour Change, Conflict and Anger Management, Professional Practice, and Personal and Professional Development.

As a researcher, Lucy has been involved in research into domestic violence, empathy, health communication and behaviour change, the role of apps in communication about health, and peak experiences in music.

Lucy's current special interests focus on the role of cognition in regulating emotions, motivation and resilience, and their flow-on effect on performance and life-satisfaction.

Available full-time

## **NEW SOUTH WALES**

**Greg Prescott: Sydney**

**BSc (Psychology) PGDip Psychology; Master of Counselling Psychology**

**Psychologist, State Manager - NSW/ACT**

Greg Prescott is a registered psychologist with experience in corporate psychology and critical incident management. He has worked closely with executive leaders in managing personal and professional challenges, and has experience assessing and treating across a wide variety of corporate, private and community settings. Greg brings empathy and pragmatism to counselling sessions, and uses CBT and solution-focused therapy to work collaboratively with his clients toward therapeutic outcomes.

Greg holds a Master of Counselling Psychology from Macquarie University, and specialises in trauma, relationship issues, executive & leadership coaching, disaster and major incident response, and change management.

Some highlights of Greg's career include: Responding to the immediate aftermath of the Nepal earthquake as part of a medical team which flew there to treat and repatriate over 50 Australian citizens; Lead psychologist supporting all emergency services following the Sydney Siege; Lead psychologist supporting the NSW and Australian cricket teams following the death of Phil Hughes.

Available full-time



### **Carlos Dias: Sydney**

**BA (Psych), MS (Applied Psychology), PhD (Philosophy), PhD (Criminal Law). PhD (Applied Psychology), MAPS**  
***EAP and Organisational Consultant***

Carlos Dias has experience in the area of clinical and forensic psychology. He is very experienced in long and short-term psychotherapy with a specialty in personality disorders, anxiety disorders and anger management. His main focus is executive and corporate coaching, specifically with senior executives. He has also developed leadership programs and executive coaching programs for large businesses including Goldman Sachs (London).

Carlos Dias background started as a second lieutenant of the Portuguese Special Forces (Paratroopers, Army Service). That is the reason why he worked, as a Psychologist, with the Intelligence and Defence 'communities' at London and, later on, with the Crown Prosecution Service where he was an expert witness (clinical and forensic chartered psychologist). Carlos studied in New York, Cambridge, and London and worked, as a Psychologist, in the corporate setting simultaneously to the above-mentioned roles. Carlos was also a Lecturer and a Senior Researcher at the University of London and had his own private practice at London Bridge.

Available full-time

### **Genevieve Orban: Sydney**

**BA (Psych), Grad Dip Psych, M. Org. Psych.**  
***Psychologist/Organisational Development Consultant***

Genevieve Salisbury is a registered Psychologist with a specialisation in OD. Having come from a practical HR partnering background she brings significant experience as a trusted advisor to executives across a diverse range of industries. She has worked with executives in their personal and professional challenges with a style that is intelligent, empathic, pragmatic and goal focused. This is backed by strong experience in leadership development and coaching in both the private and public sectors.

Genevieve is a Member of the College of Organisational Psychologists, the Society for Industrial/Organizational Psychology, the International Society for Coaching Psychology and a Certified Practitioner Member Australian Human Resources Institute. She is accredited in numerous psychometric instruments for organisational and coaching purposes.

Genevieve's experience includes strategic change and development programs; mergers, acquisitions and divestments; coaching managers with difficult or inappropriate behaviours; executive career transition; mediation/ conflict management; organisational design; learning and development; conversational intelligence using neuropsychology.

Available Thursday & Friday

### **Sarah Conlon: Newcastle**

**BA (Psych), AHPRA, APS**  
***Psychologist***

Sarah Conlon is considered, assertive and credible, with more than 10 years of experience as a counselling psychologist, across the private, government and not-for-profit areas working with all levels of management. With solid management experience herself, Sarah is known for her



understanding of the challenges in maintaining wellbeing in leadership roles. Degree-qualified, she is an active member of Australian Health Practitioner Regulation Agency (AHPRA) and the Australian Psychological Society (APS).

Sarah Conlon brings empathy and pragmatism to counselling sessions utilising empirically based techniques such as CBT and ACT and other proven short-term solution focused approaches. With a strong focus on strengths-based techniques, boundary setting and being goal orientated, clients leave sessions with clear strategies for managing difficult situations at work or home. Issues are managed and/or resolved quicker, by empowering clients in identifying problem area/s, encouraging decision-making and subsequent application of appropriate techniques. Sarah Conlon has particular skills in interpersonal communication, conflict management, work/life balance, mental health issues, career counselling, assertiveness training, parenting, bereavement and eldercare.

Available full-time

## ACT

**Elizabeta Ploskova: Canberra**  
**BSc Hon, PhC**  
***Psychologist***

Betty Ploskova is a registered psychologist currently completing her PhD in clinical psychology. Betty has experience working across a number of settings within government, private and community sectors including private practice, health, education and Employee Assistance Programs.

Betty uses a humanistic, collaborative and strength based approach to her short-term counselling interventions and has received training in a variety of therapeutic models that achieve outcomes for clients. Betty has strength in working with a variety of presentations including stress, anxiety, depression, workplace harassment, domestic violence, drug and alcohol issues and interpersonal sensitivity.

Available full-time

## VICTORIA

**Marc Rowley: Melbourne**  
**BSc Hon; M Psych; MAPS; APS College of Counselling Psychologists**  
***Senior Psychologist***

Marc Rowley is a well-qualified, trusted and experienced practitioner with a strong sense of the commercial world. With over 15 years' experience in enriching organisational relationships and performance across a diverse range of government and private sector industries. Perhaps uniquely in his field, Marc also brings a wealth of general business and client service knowledge from the 'other side of the fence' having worked in the accounting and auditing profession for 10 years in the UK and Australia having been an audit manager for Price Waterhouse in Victoria.

Marc's is known for his highly skilled and down-to-earth, practical approach, identifying powerful solutions and strategies for clients; both in personal areas of concern and in effectively managing workplace people issues. In addition, he brings significant specialist expertise in organisational



and individual consulting around the risks associated with alcohol and drugs, fatigue, stress and inappropriate workplace behaviours such as bullying and harassment. Marc seeks to restore, enhance and maintain personal and organisational wellbeing and performance through a range of best practice interventions.

Available full-time

**Susan Pratt: Melbourne**  
**MA Grad Dip Ed (Cng): BBSc**  
***Psychologist***

Susan Pratt is a Registered Psychologist with 25 years' experience in providing counselling, coaching, training and development.

A key feature of this work has been the provision of relationship and individual counselling in public, private and organisational contexts. Following the completion of a Masters in Creative Arts and Experiential Therapies, Susan has had a variety of roles that have involved leadership, change facilitation and management.

Recently Susan has also worked in the not for profit sector in EAP, Organisational Psychology, Critical Incident Management, Family and Relationship services, and with Environment and Sustainability programs.

Susan's area of interests and specialties is mindfulness, eco psychology, trauma, positive psychology, creative arts in therapy and relationship issues.

Available full-time

**Deborah Thompson: Melbourne**  
**BA (Hons Psych), Assoc MAPS**  
***Psychologist***

Deborah Thompson is a qualified Psychologist registered with nine years' experience working within Employee Assistance Programs (EAP).

Deborah has worked closely with a variety of industries supporting clients who have presented from all levels of organisations. Prior to working in EAP she has also facilitated workshops for couples through the Family Relationship Institute and has managed Human Resource functions in small and medium organisations.

Within the EAP services Deborah has facilitated many workshops and presentations including; Improving Mental Health and Resilience, Mindfulness, Life Balance, and Improving Sleep.

Deborah's psychological approach is focused on positively empowering clients to assist them in harnessing their strengths, building resilience and to improve life satisfaction and wellbeing. Deborah also provides guidance in managing relationships to further enhance wellbeing.

Available full-time



**David Hayler: Melbourne**  
**M.Clin. Neuropsychology, BPsych (Hons)**  
**Psychologist**

David is an experienced, registered, psychologist who has previously worked in Job Services Australia, Disability Employment Services sectors, Occupational Rehabilitation and a range of private practice settings. David has extensive experience in providing services such as; psychological counselling, neuropsychological assessment, vocational assessment, return to work and psychological interventions and assisting clients with managing the psychological challenges following physical and/or brain injuries.

Whilst working with Assure Programs David has provided clients with one-to-one counselling support, critical incident management, on-site counselling support, organisational development presentations and workshops.

Available full-time

## WESTERN AUSTRALIA

**Rose Zaffino: Perth**  
**MPsych, MAPS**  
**Psychologist, State Manager - WA, NT, SA**

A highly experienced consulting psychologist with wide ranging experience in psychological wellbeing programs and organisational consulting. In her current role as State Manager with Assure Programs in WA/SA/NT Rose carries a counselling and Critical Incident load as well as a client relationship portfolio. She specialises in counselling individuals and couples on relationship issues using the Gottman Method for couple's therapy. In addition, she has a solution-focused collaborative approach and incorporates positive psychology with schema therapy in her work with clients addressing anxiety, depression and stress.

With a background in OD work designing wellness programs which incorporate aspects of both physical and psychological health Rose brings this knowledge and expertise to her coaching work. 1800 My Best clients work on their stress management, resilience, enhancing performance and goal setting. Rose has developed a special interest in working with leaders to assist in developing their leadership and interpersonal capacity specifically in the areas of productivity, organisational culture, mental health and wellness and employee engagement.

In WA, Rose and her team are keen to build the Assure Profile as a leader in sound and professional psychological service provision. Her goal is to help employees and organisations reach their potential in work, family and community.

Available full-time

**Mariette Visser: Perth**  
**MPsych, MAPS**  
**Psychologist / Organisational Development Consultant**

Mariette Visser is a registered psychologist with 25 years' experience supporting individuals and organisations in creating a mentally healthy life and workplace. Mariette has extensive experience



in counselling, organisational consulting, HR, psychological assessment, career transition, life coaching and management/leadership development. She is an accredited mediator (IAMA) and has ample experience in developing and facilitating training programs. Mariette has worked in a wide range of different industries and is quick in understanding an organisation and its staff. Mariette has worked in EAP since 2007, counselling clients around mental health and wellbeing using a collaborative approach.

Mariette aims to help clients create a meaningful life. She specialises in counselling individuals and couples on relationship issues using the Gottman Method for Couples Therapy. In addition, having a Master's degree in Child Psychology, Mariette will always hold a special interest in children, adolescents and parenting.

Available Monday, Tuesday, Thursday & Friday

## **SOUTH AUSTRALIA**

**Sotira Biris: Adelaide**

***Psychologist / Organisational Development Consultant***

Sotira is an experienced mental health clinician and EAP psychologist with over 25 years of psychological experience. Her current role primarily involves individual assessment, and solution-oriented counselling as well as focused psychological strategies, including psychological first aid and critical incident response counselling for when employees need immediate assistance to cope with personal and workplace concerns.

Sotira also has extensive organisational development experience, including facilitating customised training sessions across variety of topics, such as Adapting to Change and Communicating Effectively at Work. Additionally, Sotira has specific career guidance experience.

Sotira is used to working in an environment of continuous service evaluation, providing evidence-based support to clients who are both clinically and culturally diverse.

Available Monday, Thursday & Friday