## Feeling Stuck? Assure Can Help

## Assure is here to listen and help you through your organisation's Employee Assistance Program.

Talk with an experienced psychologist from Assure about anything that may be affecting you at work or in your personal life.

Assure's support is free and completely confidential.\*

To make an appointment or to learn more about your EAP entitlements:



Call 1800 808 374 AUS 0800 464 387 NZ

## or visit assureprograms.com.au

\*There is no cost to you for EAP services that fall within your organisation's EAP agreement with Assure Programs. The disclosure of access in situations where there is risk of harm, or where the client provides written consent to disclose access to their employer, is outlined in our Privacy Policy

## assure

PROGRAMS

**PEOPLE MATTER**