Wellbeing Coaching Perform at **Your Best**

Assure is here to listen and help you through your organisation's Employee Assistance Program.

Wellbeing Coaching uses the principles of positive psychology to proactively support your personal development.

Assure's support is free and completely confidential.*

To make an appointment or to learn more about your EAP entitlements:



*There is no cost to you for EAP services that fall within your organisation's EAP agreement with Assure Programs. The disclosure of access in situations where there is risk of harm, or where the client provides written consent to disclose access to their employer, is outlined in our Privacy Policy

assure

PEOPLE MATTER