

ASSURE PROGRAMS

SENIOR PSYCHOLOGIST PROFILES



To enquire about or book a
Leaders and Executives Assistance (LEAP) appointment – please call 1 800 986 865

QUEENSLAND

Dr Deidre (Dee) Pye: Brisbane
BPsychSci (Hons), MClinPsych, Doctorate Clin Psych & Clin Geropsych
MAPS, Fellow College of Clinical Psychologists
Clinical Psychologist, State Manager Qld & NT

Dee is a registered Clinical Psychologist and a Member of the Australian Psychological Society and Fellow of the College of Clinical Psychologists. She is a Board Approved Supervisor with experience supervising Clinical Psychology Registrars, post graduate students and overseas trained Psychologists. She has over 15 years' experience working in the field of complex mental health, providing support to clients in a range of settings including private practice, public and private hospitals, disability and not-for-profit sector.

Dee previously worked in our Workplace Advisory Team, providing manager support and co-ordination of support for critical incidents.

Dee has experience in working with a variety of clinical presentations with a special interest in anxiety management, older adults and health related concerns. Dee is collaborative, engaging and incorporates a strength-based approach combined with evidenced based care to help maximise resilience and wellbeing.

Available full-time.

Jamie Anderson: Brisbane
BBSc, PGDip Psychology, Assoc MAPS
Psychologist, Manager Trauma and Oncall Team - Qld

Jamie Anderson is an AHPRA registered psychologist with 14 years' experience in psychology and HR consulting and is Manager of the Trauma and On-call Psychology team. Jamie is an experienced psychologist and has managed Employee Assistance Programs for and consulted to some of Australia's largest companies. His role at Assure Programs sees him support our clinical team of psychologists to ensure clients and customers alike can depend on a competent, ethical, professional and positive team.

With a strong understanding of the pressures and contemporary issues facing individuals, work groups and managers in today's workforce, Jamie has provided Employee Assistance Program (EAP) support for individuals experiencing difficulties in their lives both away from work and in the workplace. He has specialised training in crisis intervention support for individuals and groups following major crises and critical incidents and has most notably provided support for those affected by Melbourne's Bourke St incident in January 2017.

Jamie has a passion for mental health awareness and is skilled in helping individuals and teams build resilient and positive behaviours and cultures that enable them to cope adaptively when faced with stressful situations. Jamie works collaboratively with clients to problem-solve and solution-find and enjoys the opportunity to help individuals grow and develop both at work and in life toward their desired goals and potential.

Available full-time.



Beth Jamieson: Brisbane
M Clin Psych, MAPS
Clinical Psychologist

For many of the past 15 years Beth Jamieson has been a key provider of exceptional managerial support and organisational focus for a diverse range of Assure Programs' clients. She has also worked extensively with the Commonwealth government, in both supervisory and leadership roles, bringing insight and real-world experience to her support of leaders and executives. Beth is a Clinical Psychologist and a Member of the APS College of Clinical Psychologists.

Beth's emphasis is on collaboration and enhancing strengths, packaged with expertise in a variety of proven short-term solution focused approaches. Beth brings empathy and a no-nonsense approach to her sessions so that the leaders she works with leave sessions armed with clear strategies for the next step. She is highly valued for holding clients accountable for their subsequent actions and working with them to achieve resolution of issues in short time frames. Beth is renowned for her expertise across a variety of areas including adult mental health issues in the workplace and all the related challenges that high performers face, rehabilitation, along with career and vocational coaching.

Available Monday, Tuesday & Wednesday.

Martina Trapp: Brisbane
Bachelor of Psychology (Honours), Bachelor of Social Science
Psychologist

Martina is a registered Psychologist with over 17 years' experience in corporate and counselling psychology including counselling, assessment, injury management and rehabilitation. Martina has been responsible for the management and leadership of large teams as well as associated responsibilities such as team building and leadership, mediation, human resources (recruitment, training and performance management).

Martina has experience in Management Coaching, Corporate Training and the provision of Critical Incident support. She has provided support in a range of settings including supporting Salvation Army staff on Nauru managing their well-being through face to face counselling support and toolbox talks.

Available full-time.

NEW SOUTH WALES

Greg Prescott: Sydney
BSc (Psychology) PGDip Psychology; Master of Counselling Psychology
Psychologist, State Manager - NSW/ACT

Greg Prescott is a registered psychologist with experience in corporate psychology and critical incident management. He has worked closely with executive leaders in managing personal and professional challenges, and has experience assessing and treating across a wide variety of corporate, private and community settings. Greg brings empathy and pragmatism to counselling sessions and uses Cognitive Behavioural Therapy (CBT) and solution-focused therapy to work collaboratively with his clients toward therapeutic outcomes.

Greg holds a Master of Counselling Psychology from Macquarie University, and specialises in trauma, relationship issues, executive & leadership coaching, disaster and major incident response, and change management.

Some highlights of Greg's career include: Responding to the immediate aftermath of the Nepal earthquake as part of a medical team which flew there to treat and repatriate over 50 Australian



citizens; Lead psychologist supporting all emergency services following the Sydney Siege; Lead psychologist supporting the NSW and Australian cricket teams following the death of Phil Hughes.

Available full-time.

Derya Guzel: Sydney
BAPsych, PGDipPsych, MPsych
Psychologist, Clinical Lead - NSW

Derya has worked within the professional services sector for over 20 years across various industries including Executive Recruitment, Occupational Rehabilitation, NSW Health, Corporate Psychology and Private Practice. Having proven leadership skills herself, Derya is highly effective in working with leaders at all levels providing Coaching, Training, Advising and therapeutic intervention. She is passionate about assisting leaders in bringing out the best in their staff whilst ensuring their own personal and professional needs are met.

Her strength lies in her ability to relate to people at all levels and in tailoring her approach to the needs of her clients. In addition to her tertiary qualifications, Derya has invested in her professional development by attending local and international conferences and workshops on a variety of topics, including but not limited to, The Evolution of Psychotherapy, Couples Counselling, Trauma and Workplace Bullying.

Currently Derya works as the Clinical Lead in Assure's Sydney office, overseeing a team of clinicians whilst delivering a range of services including Treatment, Management Support, Training, Mediation and Coaching. She has an excellent understanding of the most prevalent issues impacting all professionals, including anxiety, depression, loneliness, burnout, communication breakdowns, conflict and managing change.

Available Monday, Wednesday, Thursday & Friday.

Jennifer Driver: Sydney
BPsych (Hons), Assoc MAPS
Psychologist, Clinical Lead - NSW/ACT

Jennifer Driver is a registered psychologist, having practiced in the areas of clinical and organisational psychology since graduating in 2002. She has worked with individuals and leaders to promote the effective management of mental health and wellbeing in the workplace.

She has a sound understanding of best practice principals for the prevention and management of psychological risks at work. Skilfully applying this knowledge throughout her career, she has included corporate consultancy across a range of industries and organisations within the government, non-government, and private sectors.

In relation to her clinical practice, Jennifer uses a blend of short-term, evidence-based techniques to support clients who are navigating personal and professional challenges. She brings an empathic and collaborative style of communication, and flexibility to adapt to and keep pace with client needs.

Jennifer offers a reflective style of supervision to our team of psychologists, and a strengths-based approach to coaching and people development. Jennifer applies her experiential knowledge of leadership principals when supporting organisational leaders. Her areas of interest include anxiety and trauma, coaching, supervision, and management of mental health issues in the workplace.

Available full-time.



Genevieve Orban: Sydney
BA (Psych), Grad Dip Psych, M. Org. Psych.
Psychologist/Organisational Development Consultant

Genevieve Organ is a registered Psychologist with a specialisation in Organisational Development (OD). Having come from a practical HR partnering background she brings significant experience as a trusted advisor to executives across a diverse range of industries. She has worked with executives in their personal and professional challenges with a style that is intelligent, empathic, pragmatic and goal focused. This is backed by strong experience in leadership development and coaching in both the private and public sectors.

She is a Member of the College of Organisational Psychologists, the Society for Industrial/Organizational Psychology, the International Society for Coaching Psychology and a Certified Practitioner Member Australian Human Resources Institute. Additionally, she is accredited in numerous psychometric instruments for organisational and coaching purposes.

Genevieve's experience includes strategic change and development programs; mergers, acquisitions and divestments; coaching managers with difficult or inappropriate behaviours; executive career transition; mediation/ conflict management; organisational design; learning and development; conversational intelligence using neuropsychology.

Available Monday, Wednesday, Thursday & Friday.

Claire Hudson: Sydney
BPsych (Hons)
Psychologist

Claire is a registered psychologist with 12 years of experience. She enjoys working with a diverse range of clients and her flexibility allows her to address a broad range of issues.

Currently, she has been involved in corporate psychology for the past 7 years. This has included supporting management, teams and individuals to handle stress and change, and to assist in improving well-being and life satisfaction. She creates a compassionate and understanding space, while concurrently assisting her clients in taking responsibility and action towards what is meaningful for them. Claire aims to help her clients to reach their potential in creating a rich, full and meaningful life.

Available Monday, Tuesday and Wednesday.

Elissa Shirvington: Sydney
M Sci (Cognitive Behaviour Therapy)
PG Dip (Psych)
BA (Psychology and Education)
Psychologist

Elissa is a Registered Psychologist with over 20 years' experience in Psychology, Mental Health and Well-Being at Work. Her career has included roles in counselling, leadership, training, mentoring and organisational development.

With a Masters in Cognitive Behavioural Therapy (University of London) her interactions are founded in sound psychological theory and techniques. Her many years of experience however have honed her ability to quickly understand, interpret and intuit.

Her style is one of warmth and good humour (where appropriate). She is open and direct as needed and she prefers a conversational style to encourage a collaborative working relationship.



Elissa will meet you where you are right now - wherever that may be - and enable you to move in *your* right direction.

Available Monday, Tuesday, Wednesday and Thursday.

Sarah Conlon: Newcastle
BA (Psych), AHPRA, APS
Psychologist

Sarah Conlon is considered, assertive and credible, with more than 10 years of experience as a counselling psychologist, across the private, government and not-for-profit areas working with all levels of management.

With solid management experience herself, Sarah is known for her understanding of the challenges in maintaining wellbeing in leadership roles. Degree-qualified, she is an active member of Australian Health Practitioner Regulation Agency (AHPRA) and the Australian Psychological Society (APS).

Sarah brings empathy and pragmatism to counselling sessions utilising empirically based techniques such as Cognitive Behavioural Therapy (CBT) and Acceptance and Commitment Therapy (ACT) and other proven short-term solution focused approaches. With a strong focus on strengths-based techniques, boundary setting and being goal orientated, clients leave sessions with clear strategies for managing difficult situations at work or home. Issues are managed and/or resolved quicker, by empowering clients in identifying problem area/s, encouraging decision-making and subsequent application of appropriate techniques.

She has skills in interpersonal communication, conflict management, work/life balance, mental health issues, career counselling, assertiveness training, parenting, bereavement and eldercare.

Available full-time.

ACT
Lisa Barney: Canberra
BApplied Psychology (Hons.) PhD Psychology, MAPS
Psychologist

Lisa has a diverse work background and broad life experience that have provided her with a valuable understanding of various issues and contexts, and a broad and deep understanding of workplaces and workplace issues.

Her work roles have included working in the Australian Public Service at the Executive Level for six years, as an Academic Researcher in the field of mental health for four years, an officer in the Australian Federal police force for three years, and roles in ACT Government health services, and in private enterprise including legal and personnel organisations.

Lisa's work has focused on working with people to manage crises and challenges arising in the workplace and their personal lives. Lisa brings a collaborative and pragmatic approach to sessions using solution-focused and strengths-based approaches. She is flexible and adept in working effectively with people facing a variety of issues to identify solutions.

In addition to experience addressing the most highly prevalent issues impacting professionals such as anxiety, depression and burnout, Lisa has expertise in managing substance use. She gained this knowledge and skills during a 12 month role in community alcohol and drug services, and has applied this effectively with professionals in the EAP setting using a motivational approach to meet client goals.



Available full-time.

VICTORIA

Marc Rowley: Melbourne
BSc Hon; M Psych; MAPS; APS College of Counselling Psychologists
Senior Psychologist, State Manager - VIC

Marc Rowley is a well-qualified, trusted and experienced practitioner with a strong sense of the commercial world. With over 20 years' experience in enriching organisational relationships and performance across a diverse range of government and private sector industries. Perhaps uniquely in his field, Marc also brings a wealth of general business and client service knowledge from the 'other side of the fence' having worked in the accounting and auditing profession for 10 years in the UK and Australia having been an audit manager for Price Waterhouse in Victoria.

Marc's is known for his highly skilled and down-to-earth, practical approach, identifying powerful solutions and strategies for clients; both in personal areas of concern and in effectively managing workplace people issues. In addition, he brings significant specialist expertise in organisational and individual consulting around the risks associated with alcohol and drugs, fatigue, stress and inappropriate workplace behaviours such as bullying and harassment. Marc seeks to restore, enhance and maintain personal and organisational wellbeing and performance through a range of best practice interventions.

Available full-time.

Deborah Thompson: Melbourne
BA (Hons Psych), Assoc MAPS
Psychologist

Deborah Thompson is a qualified Psychologist registered with nine years' experience working within Employee Assistance Programs (EAP).

During her career, she has worked closely with a variety of industries supporting clients who have presented from all levels of organisations. Prior to working in EAP she has also facilitated workshops for couples through the Family Relationship Institute and has managed Human Resource functions in small and medium organisations. Prior to psychology, Deborah had a background in human resources and administration.

Deborah's psychological approach is focused on positively empowering clients to assist them in harnessing their strengths, building resilience and to improve life satisfaction and wellbeing. Deborah also provides guidance in managing relationships to further enhance wellbeing.

Available full-time.

David Hayler: Melbourne
BPsych (Hons) M.Clin. Neuropsychology,
Psychologist

David is an experienced, registered, psychologist who has previously worked in Job Services Australia, Disability Employment Services sectors, Occupational Rehabilitation and a range of private practice settings.

He has extensive experience in providing services such as; psychological counselling, neuropsychological assessment, vocational assessment, return to work and psychological



interventions and assisting clients with managing the psychological challenges following physical and/or brain injuries.

Whilst working with Assure Programs David has provided clients with one-to-one counselling support, critical incident management, on-site counselling support, organisational development presentations and workshops.

Available full-time.

Alison Hart: Melbourne
LL.B BA (Hons) M.Psych MAPS
Psychologist

Alison is a registered psychologist, full member of the APS and board-approved supervisor with more than a decade of experience in counselling, EAP, training, critical incident management and executive coaching in private practice, university and community settings and organisations.

With a background in the corporate sector, she has had a variety of roles that have also involved dispute resolution/mediation, occupational rehabilitation and vocational assessment/placement.

Her areas of interest include cognitive behavioural therapy (CBT), acceptance and commitment therapy (ACT) and positive psychology.

Available full-time.

Susan Pratt: Dandenong
BBSoc Grad Dip Ed (Cng) MA
Psychologist

Susan Pratt is a Registered Psychologist with 25 years' experience in providing counselling, coaching, training and development.

A key feature of this work has been the provision of relationship and individual counselling in public, private and organisational contexts. Following the completion of a Master's Degree in Creative Arts and Experiential Therapies, Susan has had a variety of roles that have involved leadership, change facilitation and management.

Recently Susan has also worked in the not for profit sector in Employee Assistance Programs (EAP), Organisational Psychology, Critical Incident Management, Family and Relationship services, and with Environment and Sustainability programs.

Susan's area of interests and specialties is mindfulness, eco psychology, trauma, positive psychology, creative arts in therapy and relationship issues.

Available Monday, Tuesday, Thursday.

Beulah Joseph: Melbourne
BA (Hons), BTeach (Hons), PGDip (Psych), MPsych (Org), MAPS, MAHRI
Psychologist, Service Excellence Manager - National

Beulah Joseph is an AHPRA registered psychologist with 15 years of experience in management consulting and coaching. Starting with her accreditation as a leadership coach from the Coaching and Leadership Motivation (CALM) group at Deakin University, Beulah has since worked with leaders at all levels of management within an organisation in addition to managing her own teams. Her passion for



authentic leadership and people centred decision making has enabled her to drive proactive, early interventions, supporting many organisations from a range of industries including finance, mining, education, telecommunications, utilities and emergency services.

In the last decade, Beulah has worked in the EAP industry, delivering services such as management coaching, counselling, wellbeing coaching, assessments, training/seminars, facilitated discussions, supervision, crisis intervention support, onsite services, livechat and online counselling, career/vocational coaching and so on. Her passion for creating mentally healthy workplaces informs her research into workplace wellbeing, leading to industry and academic publications. She is a Member of the Australian Psychological Society and Australian Human Resources Institute and is a Board approved Supervisor.

Available Monday to Thursday.

WESTERN AUSTRALIA

Shona Scallan: Perth
MAPS, MPsych (Clinical), MA (Psych), BA (Hons), Accredited National Mediator (IAMA/Resolution Institute)

Shona has worked for over twenty years in private, public and not-for-profit sectors.

Within the corporate sector, Shona has worked as a mediator, facilitator and consultant with individuals, teams and groups in the areas of development, coaching, business transformation and conflict management. She has experience in short term individual and couples counselling, mental health intervention, group facilitation and crisis support.

She works with clients across the lifespan and engages with clients of diverse backgrounds and cultures. This experience in a diverse range of initiatives and cultures enables her to build and develop strong therapeutic relationships.

Shona has held leadership positions where she has been responsible for the management of specific teams to facilitate the delivery of their services and is highly service oriented. Shona has successfully transferred her experience within both the private and public sectors and adds a valuable contribution to a wellness vision for individual clients and client organisations.

Her wide skill and knowledge base informs her ability to effectively conceptualise specific individual needs and develop interventions that are tailored to facilitate the achievement of optimal outcomes. In her current role as State Manager with Assure in WA and SA, Shona carries a counselling and Critical Incident load as well as a client relationship portfolio. Shona is a registered Clinical Psychologist and is a member of the Australian Psychological Society and Resolutions Institute as a Mediator.

Available full-time.

Lisa Jooste: Perth
MPsych (Industrial/Organisational), BSc (Hons), Grad Dip (Psych), BA (Hons)
Member, Australian Psychological Society

Lisa is a registered Psychologist with an interest in organisational psychology and workplace wellbeing. With over 20 years' experience working in the public sector, not-for-profit organisations, and academic settings, she has both a practical understanding of individual and team behaviours, and a thorough understanding of evidence-based psychological science. She has worked as a psychologist in both the Employee Assistance Programs (EAP) space and in private practice.



Within Assure, she provides clients with individual counselling support, as well as delivering workplace critical incident and onsite interventions and a range of training and workshops.

Lisa uses a range of therapeutic approaches including Cognitive Behavioural Therapy (CBT), interpersonal, and schema-focused therapies. Her orientation to counselling is client-centred, strengths-based, and solution focused, with interventions primarily guided by empathy with the client's own needs.

Available full-time.

NORTHERN TERRITORY

Carlos Dias: CBD, Darwin *Clinician & Organisational Development Consultant*

Carlos Dias is an experienced clinician in long and short-term support with a specialty in personality disorders, anxiety disorders and anger management. His main focus is executive and corporate coaching, specifically with senior executives. He has also developed leadership programs and executive coaching programs for large businesses including Goldman Sachs (London).

He has a background in the military, starting as a second lieutenant of the Portuguese Special Forces (Paratroopers, Army Service). Carlos studied in New York, Cambridge, and London and was also a Lecturer and a Senior Researcher at the University of London.

Available full-time.

SOUTH AUSTRALIA

Sotira Biris: Adelaide *Psychologist / Organisational Development Consultant*

Sotira is an experienced mental health clinician and Employee Assistance Programs (EAP) psychologist with over 25 years of psychological experience. Her current role primarily involves individual assessment, and solution-oriented counselling as well as focused psychological strategies, including psychological first aid and critical incident response counselling for when employees need immediate assistance to cope with personal and workplace concerns.

She also has extensive organisational development experience, including facilitating customised training sessions across variety of topics, such as Adapting to Change and Communicating Effectively at Work. Additionally, Sotira has specific career guidance experience.

Sotira is used to working in an environment of continuous service evaluation, providing evidence-based support to clients who are both clinically and culturally diverse.

Available Monday, Thursday & Friday.