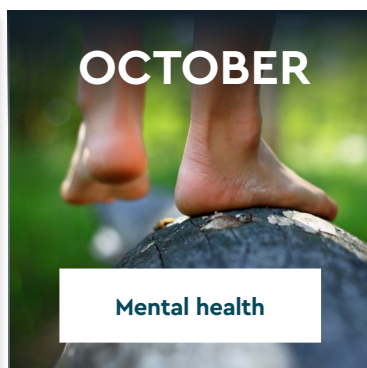
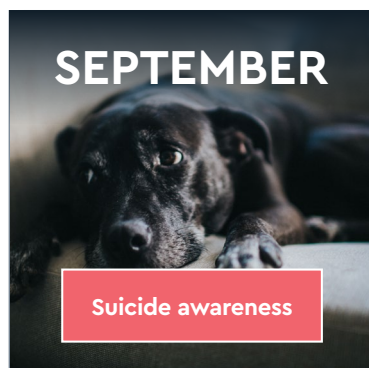
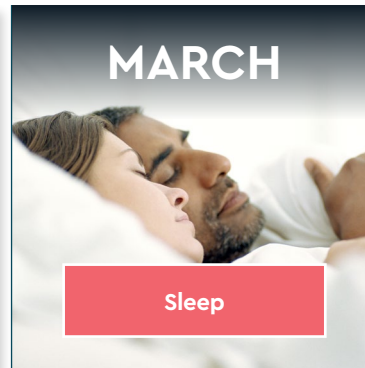
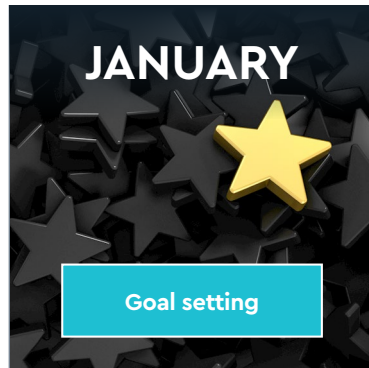


Mental Health and Wellbeing Calendar 2021



Key event dates:

4 Feb	World Cancer Day
1 Mar	Zero Discrimination Day
14 - 20 Mar	Sleep Awareness Week
19 Mar	World Sleep Day
20 Mar	International Day of Happiness
7 Apr	World Health Day
28 Apr	World Day for Safety & Health at Work
15 May	International Day of Families
28 May	Australia's Biggest Morning Tea
14 - 20 Jun	International Men's Health Week
1 - 31 Jul	Dry July
14 - 20 Jul	Naidoc Week
27 Aug	Wear it Purple
6 - 10 Sep	Women's Health Week
9 Sep	R U OK? Day
10 Sep	World Suicide Prevention Day
1 - 31 Oct	National Safe Work Month
10 Oct	World Mental Health Day
1 - 30 Nov	November
19 Nov	International Men's Day
25 Nov	White Ribbon Day
3 Dec	IDPwD
10 Dec	Human Rights Day