



ASSURE PROGRAMS

SENIOR PSYCHOLOGIST PROFILES

To enquire about a Leaders and Executives Assistance (LEAP) appointment – please call 1800 505 015 or send a request via our website

QUEENSLAND

Beth Jamieson: Brisbane
M Clin Psych, MAPS
Clinical Psychologist

For many of the past 15 years Beth Jamieson has been a key provider of exceptional managerial support and organisational focus for a diverse range of Assure Programs' clients. She has also worked extensively with the Commonwealth government, in both supervisory and leadership roles in her own right, bringing insight and real-world experience to her support of leaders and executives. Beth is a Clinical Psychologist and a Member of the APS College of Clinical Psychologists.

Beth's emphasis is on collaboration and enhancing strengths, packaged with expertise in a variety of proven short-term solution focused approaches. Beth brings empathy and a no-nonsense approach to her sessions so that the leaders she works with leave sessions armed with clear strategies for the next step. She is highly valued for holding clients accountable for their subsequent actions and working with them to achieve resolution of issues in short time frames. Beth is renowned for her expertise across a variety of areas including adult mental health issues in the workplace and all the related challenges that high performers face, rehabilitation, and career/vocational coaching.

Martina Trapp: Brisbane
Bachelor of Psychology (Honours), Bachelor of Social Science
Psychologist

Martina is a registered Psychologist with over 17 years experience in corporate and counselling psychology including counselling, assessment, injury management and rehabilitation. Martina has been responsible for the management and leadership of large teams as well as associated responsibilities such as team building and leadership, mediation, human resources (recruitment, training and performance management).

Martina has experience in Management Coaching, Corporate Training and the provision of Critical Incident support. She has provided support in a range of settings including supporting Salvation Army staff on Nauru managing their well-being through face to face counselling support and toolbox talks.



NEW SOUTH WALES

Carol Byers: Sydney
BA (Psych), AHPRA
Psychologist/Clinical Team Leader

Carol Byers is an AHPRA registered psychologist with over 20 years' experience, having in that time supported countless professionals, managers, and senior leaders. With over 15 years' spent delivering tailored support through employee assistance programs, Carol has supported clients across a spectrum of some of Australia's largest companies.

Beyond assisting corporate leaders, Carol has provided vital support for doctors, nurses and allied health support following critical incidents such as unexpected patient deaths and adverse health outcomes. Carol's ability to assist those experiencing severe stress, trauma and significant personal demands is bolstered by her background prior to her psychology career, Carol having previously worked as a mental health nurse. This deep, practical experience enables Carol to combine evidence-informed approaches and pragmatic skills to assist clients with skills and strategies to help them better understand and manage their response when faced with significant life stressors. Carol is also an experienced and skilled mental health facilitator and presenter, with a passion for developing individuals' resilience and coping skills in a proactive manner.

Genevieve Orban: Sydney
BA (Psych), Grad Dip Psych, M. Org. Psych.
Psychologist/Organisational Development Consultant

Genevieve Organ is a registered Psychologist with a specialisation in OD. Having come from a practical HR partnering background she brings significant experience as a trusted advisor to executives across a diverse range of industries. She has worked with executives in their personal and professional challenges with a style that is intelligent, empathic, pragmatic and goal focused. This is backed by strong experience in leadership development and coaching in both the private and public sectors.

Genevieve is a Member of the College of Organisational Psychologists, the Society for Industrial/Organizational Psychology, the International Society for Coaching Psychology and a Certified Practitioner Member Australian Human Resources Institute. She is accredited in numerous psychometric instruments for organisational and coaching purposes.

Genevieve's experience includes strategic change and development programs; mergers, acquisitions and divestments; coaching managers with difficult or inappropriate behaviours; executive career transition; mediation/ conflict management; organisational design; learning and development; conversational intelligence using neuropsychology.



Elissa Shirvington: Sydney
M Sci (Cognitive Behaviour Therapy)
PG Dip (Psych)
BA (Psychology and Education)
Psychologist

Elissa is a Registered Psychologist with over 20 years experience in Psychology, Mental Health and Well-Being at Work. Her career has included roles in counselling, leadership, training, mentoring and organisational development.

With a Masters in Cognitive Behavioural Therapy (University of London) her interactions are founded in sound psychological theory and techniques. Her many years of experience however have honed her ability to quickly understand, interpret and intuit.

Elissa's style is one of warmth and good humour (where appropriate). She is open and direct as needed and she prefers a conversational style to encourage a collaborative a working relationship.

Elissa will meet you where you are right now - wherever that may be - and enable you to move in *your* right direction.

Sarah Conlon: Newcastle
BA (Psych), AHPRA, APS
Psychologist

Sarah Conlon is considered, assertive and credible, with more than 10 years of experience as a counselling psychologist, across the private, government and not-for-profit areas working with all levels of management. With solid management experience herself, Sarah is known for her understanding of the challenges in maintaining wellbeing in leadership roles. Degree-qualified, she is an active member of Australian Health Practitioner Regulation Agency (AHPRA) and the Australian Psychological Society (APS).

Sarah Conlon brings empathy and pragmatism to counselling sessions utilising empirically based techniques such as CBT and ACT and other proven short-term solution focused approaches. With a strong focus on strengths-based techniques, boundary setting and being goal orientated, clients leave sessions with clear strategies for managing difficult situations at work or home. Issues are managed and/or resolved quicker, by empowering clients in identifying problem area/s, encouraging decision-making and subsequent application of appropriate techniques. Sarah Conlon has particular skills in interpersonal communication, conflict management, work/life balance, mental health issues, career counselling, assertiveness training, parenting, bereavement and eldercare.

Available full-time



ACT

Lisa Barney: Canberra

BApplied Psychology (Hons.) PhD Psychology, MAPS

Lisa has a diverse work background and broad life experience that have provided her with a valuable understanding of various issues and contexts, and a broad and deep understanding of workplaces and workplace issues. Her work roles have included working in the Australian Public Service at the Executive Level for six years, as an Academic Researcher in the field of mental health for four years, an officer in the Australian Federal police force for three years, and roles in ACT Government health services, and in private enterprise including legal and personnel organisations.

Lisa's work has focused on working with people to manage crises and challenges arising in the workplace and their personal lives. Lisa brings a collaborative and pragmatic approach to sessions using solution-focused and strengths-based approaches. She is flexible and adept in working effectively with people facing a variety of issues to identify solutions.

In addition to experience addressing the most highly prevalent issues impacting professionals such as anxiety, depression and burnout, Lisa has expertise in managing substance use. She gained this knowledge and skills during a 12 month role in community alcohol and drug services, and has applied this effectively with professionals in the EAP setting using a motivational approach to meet client goals.



VICTORIA

Marc Rowley: Melbourne

BSc Hon; M Psych; MAPS; APS College of Counselling Psychologists

Senior Psychologist, State Manager - VIC

Marc Rowley is a well-qualified, trusted and experienced practitioner with a strong sense of the commercial world. With over 20 years' experience in enriching organisational relationships and performance across a diverse range of government and private sector industries. Perhaps uniquely in his field, Marc also brings a wealth of general business and client service knowledge from the 'other side of the fence' having worked in the accounting and auditing profession for 10 years in the UK and Australia having been an audit manager for Price Waterhouse in Victoria.

Marc's is known for his highly skilled and down-to-earth, practical approach, identifying powerful solutions and strategies for clients; both in personal areas of concern and in effectively managing workplace people issues. In addition, he brings significant specialist expertise in organisational and individual consulting around the risks associated with alcohol and drugs, fatigue, stress and inappropriate workplace behaviours such as bullying and harassment. Marc seeks to restore, enhance and maintain personal and organisational wellbeing and performance through a range of best practice interventions.

Available full-time

Deborah Thompson: Melbourne

BA (Hons Psych), Assoc MAPS

Psychologist

Deborah Thompson is a qualified Psychologist registered with nine years' experience working within Employee Assistance Programs (EAP).

Deborah has worked closely with a variety of industries supporting clients who have presented from all levels of organisations. Prior to working in EAP she has also facilitated workshops for couples through the Family Relationship Institute and has managed Human Resource functions in small and medium organisations.

Deborah also has a background in human resources and administration prior to psychology.

Deborah's psychological approach is focused on positively empowering clients to assist them in harnessing their strengths, building resilience and to improve life satisfaction and wellbeing. Deborah also provides guidance in managing relationships to further enhance wellbeing.

Available full-time

David Hayler: Melbourne

BPsych (Hons) M.Clin. Neuropsychology,

Psychologist

David is an experienced, registered, psychologist who has previously worked in Job Services Australia, Disability Employment Services sectors, Occupational Rehabilitation and a range of private practice settings. David has extensive experience in providing services such as; psychological counselling,



neuropsychological assessment, vocational assessment, return to work and psychological interventions and assisting clients with managing the psychological challenges following physical and/or brain injuries.

Whilst working with Assure Programs David has provided clients with one-to-one counselling support, critical incident management, on-site counselling support, organisational development presentations and workshops.

Available full-time

Alison Hart: Melbourne
LL.B BA (Hons) M.Psych MAPS
Psychologist

Alison is a registered psychologist, full member of the APS and board-approved supervisor with more than a decade of experience in counselling, EAP, training, critical incident management and executive coaching in private practice, university and community settings and organisations.

With a background in the corporate sector, she has had a variety of roles that have also involved dispute resolution/mediation, occupational rehabilitation and vocational assessment/placement.

Her areas of interest include cognitive behavioural therapy (CBT), acceptance and commitment therapy (ACT) and positive psychology.

Available Full time

Susan Pratt: Dandenong
BBSoc Grad Dip Ed (Cng) MA
Psychologist

Susan Pratt is a Registered Psychologist with 25 years' experience in providing counselling, coaching, training and development.

A key feature of this work has been the provision of relationship and individual counselling in public, private and organisational contexts. Following the completion of a Masters in Creative Arts and Experiential Therapies, Susan has had a variety of roles that have involved leadership, change facilitation and management.

Recently Susan has also worked in the not for profit sector in EAP, Organisational Psychology, Critical Incident Management, Family and Relationship services, and with Environment and Sustainability programs.

Susan's area of interests and specialties is mindfulness, eco psychology, trauma, positive psychology, creative arts in therapy and relationship issues.

Available Monday, Tuesday, Thursday.



SOUTH AUSTRALIA

Anita Briglal: Adelaide Psychologist

Anita has worked across both the public and private sector. She has held leadership positions including as a company Director, team leader and successful business owner. She is currently studying diploma in leadership and management.

Anita has a strong interest in supporting people to meaningfully actualise their goals and gain meaning and fulfilment in their lives. She is skilled in solutions focussed therapy, cognitive behaviour therapy, Acceptance and Commitment therapy, Emotion Focussed Therapy, mindfulness/meditation. Anita also has a Practice Certificate in Disaster Response management.

She has experience in a variety of presentations, including complex mental health, couples counselling, assessments, diagnosis and treatment planning, third party reports, psychological assessment reports, critical incident support, managers referrals, career counselling and transition, and wellbeing coaching, family therapy, working with young people and their families.

Anita is a full Member of the Australian Psychological Society and Board Approved Supervisor. She has held executive positions with the Australian Psychological Society. Anita is currently chair of the following: General Psychologist Interest Group and Professional Development for SA for people with Intellectual Disability; and Provisional Psychologist group within the Public Sector. She is also an Executive Committee member for Psychologists in Schools group.

WESTERN AUSTRALIA

Shona Scallan: Perth MAPS, MPsych (Clinical), MA (Psych), BA (Hons), Accredited National Mediator (IAMA/Resolution Institute)

Shona has worked for over twenty years in private, public and non profit sectors. Within the corporate sector, Shona has worked as a mediator, facilitator and consultant with individuals, teams and groups in the areas of development, coaching, business transformation and conflict management. She has experience in short term individual and couples counselling, mental health intervention, group facilitation and crisis support. She works with clients across the lifespan and engages with clients of diverse backgrounds and cultures. This experience in a diverse range of initiatives and cultures enables her to build and develop strong therapeutic relationships.

Shona has held leadership positions where she has been responsible for the management of specific teams to facilitate the delivery of their services and is highly service oriented. Shona has successfully transferred her experience within both the private and public sectors and adds a valuable contribution to a wellness vision for individual clients and client organisations. Her wide skill and knowledge base informs her ability to effectively conceptualise specific individual needs, and develop interventions that are tailored to facilitate the achievement of optimal outcomes. In her current role as State Manager with Assure in WA and SA, Shona carries a counselling and Critical Incident load as well as a client relationship portfolio. Shona is a registered Clinical Psychologist and is a member of the Australian Psychological Society and Resolutions Institute as a Mediator.



Lisa Jooste: Perth

**MPsych (Industrial/Organisational), BSc (Hons), Grad Dip (Psych), BA (Hons)
Member, Australian Psychological Society**

Lisa is a registered Psychologist with an interest in organisational psychology and workplace wellbeing. With over 20 years' experience working in the public sector, not-for-profit organisations, and academic settings, she has both a practical understanding of individual and team behaviours, and a thorough understanding of evidence-based psychological science. She has worked as a psychologist in both the EAP space and in private practice.

Within Assure, she provides clients with individual counselling support, as well as delivering workplace critical incident and onsite interventions and a range of training and workshops.

Lisa uses a range of therapeutic approaches including CBT, interpersonal, and schema-focused therapies. Her orientation to counselling is client-centred, strengths-based, and solution focused, with interventions primarily guided by empathy with the client's own needs.

NORTHERN TERRITORY

Carlos Dias: CBD, Darwin

Clinician & Organisational Development Consultant

Carlos Dias is an experienced clinician in long and short-term support with a specialty in personality disorders, anxiety disorders and anger management. His main focus is executive and corporate coaching, specifically with senior executives. He has also developed leadership programs and executive coaching programs for large businesses including Goldman Sachs (London).

Carlos Dias background started as a second lieutenant of the Portuguese Special Forces (Paratroopers, Army Service). Carlos studied in New York, Cambridge, and London and was also a Lecturer and a Senior Researcher at the University of London.